

HealthCheck Level IV Executive Physical Exam

Healthy U realizes the pressure, stress and time constraints are imposed on professionals everyday. We also understand the impact these factors have on their health. Preventive medical services can detect illnesses and risk factors early, thus reducing healthcare costs and increasing the productivity of your executives.

As businesses increasingly encourage wellness programs and good health practices among their employees, it's important that management and company executives set a good example by taking charge of their own health. Having regular physical exams and adopting a healthy lifestyle will demonstrate the importance of good health for all employees – no matter how demanding their schedule may be.

In addition to providing a strong example for other employees, implementing executive physicals is invaluable to assuring the good health and continued success of executives and managers. By implementing an executive health program, companies are able to save money by improving productivity, reducing the number of missed work days due to illness while retaining key talent and increasing company morale.

The financial benefits of implementing an executive physical program within a corporation are documented. A 2002 study published in *The Journal of Occupational and Environmental Medicine* found that executives who underwent executive physicals had 20 percent fewer health claims and lost 45 percent fewer workdays than those not having an exam. Financial savings in both health care and disability costs averaged over \$1,600 per executive over a three-year period.

Designed for the busy corporate executive, our Level IV HealthCheck executive health physical examination (also known as the CorpHealth Check) includes a state-of-the-art health risk assessment, a comprehensive physical examination by a board-certified physician, and an individualized panel of screening tests in order to generate a unique risk profile, with a plan for intervention if needed.

The process begins with a brief set of health forms sent to the executive, either by e-mail or US mail, for completion prior to the scheduled appointment. The physical examination is performed, appropriate laboratory tests are completed, and questions are answered at *our location, on the same day of the appointment*. Once laboratory results are available, a complete and easily understood summary report is prepared and released to the executive along with all test results; a one-on-one consultation can also be scheduled to review the results in-person.

Our Level IV HealthCheck is completely customizable, based on your needs. We can help you determine the components of each exam offered to your professionals, and can provide options to accommodate all levels of management. We strive to make these types of physicals affordable for small to mid-sized companies and more economical for larger employers.

Provide your professionals with the best in preventive care and show them how much you value their contributions to your company. Call about our Level IV HealthCheck today!

888-253-3830

healthcoach@knowyourhealthrisks.com