



The chart below provides a side-by-side comparison of the various screening tests and examinations included in each HealthCheck. But every level contains what may be missing in many annual physicals – a comprehensive, hands-on examination by a board-certified preventive medicine physician. Also, regardless of the level you choose, additional health screening tests and one-on-one consultations with our physician specialists are also available as add-ons, giving you the flexibility to tailor your wellness exam to your needs – and putting you in control of your health.

For current pricing information, please call our Wellness Coordinators at 888-253-3830.

Exam Component	HealthCheck I	HealthCheck II	HealthCheck III
Your Wellness Profile	X	X	X
Height, weight; body frame, BMI calculation; temperature, BP, pulse	X	X	X
Waist-to-Hip ratio (cardiac risk screening)	X	X	X
Basic lung health screening	X	<i>Included in lung screening</i>	<i>Included in lung screening</i>
Audiometry (hearing loss screening)	X	X	X
Electrocardiogram (EKG)	X	X	X
Complete blood count	<i>Available as add-on</i>	X	X
Diabetes screening	<i>Available as add-on</i>	X	X
Liver function screening	<i>Available as add-on</i>	X	X
Kidney function screening	<i>Available as add-on</i>	X	X
Electrolyte abnormality screening	<i>Available as add-on</i>	X	X
Protein abnormality screening	<i>Available as add-on</i>	X	X
Calcium level	<i>Available as add-on</i>	X	X
Comprehensive vision screening (FAA-level)	<i>Available as add-on</i>	X	X
Comprehensive lung screening (spirometry)	<i>Available as add-on</i>	X	X
Body fat analysis	<i>Available as add-on</i>	X	X
Basic lipid profile	<i>Available as add-on</i>	X	X
Thyroid profile (TSH and Free T4)	<i>Available as add-on</i>	<i>Available as add-on</i>	X
Hemoglobin A1c	<i>Available as add-on</i>	<i>Available as add-on</i>	X
Comprehensive heart disease / stroke risk screening (lipid profile, homocysteine, CRP)	<i>Available as add-on</i>	<i>Available as add-on</i>	X
Cardiac stress test	<i>Available as add-on</i>	<i>Available as add-on</i>	X
Fitness testing (muscular strength, endurance testing, joint testing, flexibility)	<i>Available as add-on</i>	<i>Available as add-on</i>	X
Resting metabolic rate test	<i>Available as add-on</i>	<i>Available as add-on</i>	X
In-depth health history and analysis	<i>Available as add-on</i>	X	X
Physician's review and report of test results	X	X	X
Comprehensive physical examination by Preventive Medicine Physician	X	X	X
Personal consultation with Preventive Medicine Physician to review results	<i>Available as add-on</i>	<i>Available as add-on</i>	X
Test results maintained on our secure server	X	X	X

*Effective 6/2008; subject to change without notice.*

